

# Cycling – Criterium – COMPETITOR NOTES

It is compulsory for all entrants in this event and their supporters to read this notice and comply with its stipulations. They are also responsible for familiarising themselves with the Event Location, Rules and all its hazards. Please inform your supporters of their responsibility to comply.

Signing your waiver or completing your online entry is an indication you agree to comply with these guidelines.

## COMPETITOR PRIMARY RESPONSIBILITY

- You are responsible for your own health and safety during the event.
- Ø You should only undertake to participate in this event if you believe that you are fit to do so.
- At no stage during this event should you engage in activity that would threaten your own safety and the safety of other people.
- Sou should obey marshals and Event Staff where they are instructing you for your safety.
- Marshals are giving up their time to help you, please treat them with respect. If you have any issues with a marshal's conduct please do not approach them independently – please refer to the Event Manager.
- Whilst every effort is made to make sure the course is marked accurately and marshals are available at key points it is your responsibility to know the course prior to starting your race.
- The course will be marshalled, but the ultimate responsibility is with you to ride safely and be aware of other riders.
- Do not drop any litter on the circuit, including gels or bottles.

#### **GAMES REGISTRATION**

All participants are required to check in at the Registration Desk at the Games Hub (Rotorua Energy Events Centre) in person before playing sports or taking part in an activity.

For safety and security, we cannot accept someone checking you in on your behalf. This includes Teams. Each Team Member is required to check in individually at the Games Registration.

## VENUE

The venue for the Cycling – Criterium will be at Off Road NZ, 193 Amoore Road, RD2, Rotorua (Karting Track)

#### **COURSE MAP**



The Criterium will be a multi-lap event contested on a closed course (Off Road NZ, Go Karting Track). This is a 1.2km long, 8 metre wide and smooth tarmac race circuit.

#### PARKING

Parking is provided at the venue.

On arrival you will be directed to parking close to the Go Karting track to make transport of your bikes easier.

## **EVENT CHECK-IN**

Event Check-in for the Cycling Criterium will be at the following time / location:

Monday 6<sup>th</sup> March 2023 from 0800am – 0845am at Off Road NZ Karting Track.

You will collect your timing chip and number plates at Registration.

# **COMPETITION RULES**

**Description:** This Cycling – Criterium takes place on Off Road NZ, 193 Amoore Road, RD2, Rotorua (Karting Track)

This will be short and sharp bike racing over several laps of a closed circuit. All competitors will race 40 mins plus 3 laps.

# **Equipment:**

**Bike:** Competitors need to make sure your bike is well maintained and set up properly. This includes checking tyres are inflated and not leaking, drive train is in great working condition, both front and rear brakes are functioning properly, and your seat at the correct height. We recommend you get a professional service prior to the event.

Additional Criterium rules include:

- All bicycles must be "road bike style" fitted with 2 brakes (one for each wheel), freewheel and drop handlebars (no MTB style handlebars permitted).
- Ø No camelback or similar drink systems carried on the body
- No glass bottles
- No disc wheels or bladed wheels
- All handlebars must be plugged at the end.
- Ø Disc brakes are permitted.

**Helmets:** Competitors helmets must be compliant with appropriate NZ Transport Agency Standards for use on open roads and must be worn at all times when riding your bike. Time-trial style aero helmets are strongly discouraged.

**Clothing:** Competitors should be wearing clothing appropriate for the weather conditions and the type of riding being conducted.

Age Groups: OPEN | 18-29 | 30-39 | 40-49 | 50-59 | 60+

All Competitors will be eligible for the Open Competition.

**Timing:** Electronic timing will be used for the Cycling – Criterium Event and is provided by Fastway Timing Systems.

# SCHEDULE OF PLAY / DRAW

Saturday	
08:00am	Registration
08:45am	Participant Briefing
09:00am	Criterium – Starts

1030am -	Races Completed
onwards	

Timings will run as close to those published but may be subject to change depending on the weather and any race incidents. Please listen for announcements on the day of the event.

# **MEDICAL PROVISION**

Medical services will be present at the event with Paramedic Qualified personnel. This will be provided by Peak Safety.

#### **SPECTATORS**

Spectators are welcome to attend the Cycling – Criterium Event. The cycling – Criterium is on a closed Go Karting Circuit which provides plenty of opportunity for spectators. Spectators are encouraged to watch the event from the designated spectator areas.

Here are some pointers to help spectators stay safe while watching the event:

- Be responsible and keep your own safety in mind.
- Always follow and obey marshal's instructions.
- Observe and follow all event signs.
- Stay within designated spectator areas.
- Ø Do not enter any restricted areas. If you are unsure, please ask a marshal.
- & Keep off the Go Karting Circuit and always pay attention.
- Children to be accompanied at all times.

#### PRIZE GIVING

Prize Giving will take place at the Games Hub, Rotorua Energy Events Centre between 5pm – 7pm on Monday 6<sup>th</sup> March 2023. Full details of the medal ceremony will be provided once Games Registration closes on 10<sup>th</sup> February 2023.

#### **KEY CONTACTS / INFORMATION**

Name	Role/Organisation	Contact Number
Chris Newson	Event Manager	021 232 1457

Graham Perks	APES Games Sports Manager	021 191 3660
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# ADDITIONAL INFORMATION

There will be an aid station / hydration available at the Finish Area.

Physio services are available through Go Physio (1221 Haupapa Street, Rotorua – Tel: 07 347 8380) who will be operating a Drop-in Clinic 8am – 5pm Monday 6<sup>th</sup> March – Friday 10<sup>th</sup> March 2023 - <u>https://gophysio.co.nz/</u>