APES GAMES 2023 - TRACK AND FIELD - MAY BE SUBJECT TO CHANGE

| | TRACK | WEDNESDAY 8TH MARCH 2023 | | FIELD | WEDNESDAY 8TH MARCH 2023 |
|---------|-----------------|-----------------------------|---------|-----------------|--------------------------|
| Time | Event | Age Group(s) | Time | Event | Age Group(s) |
| 08.00am | 5000m Final (W) | ALL | 08.00am | Triple Jump (M) | ALL |
| | | | 08.45am | High Jump (W) | ALL |
| 08.45am | 5000m Final (M) | ALL | | | |
| | | | 09.30am | Shot Put (W) | ALL |
| | | | 09.30am | Javelin (M) | 18-44 / 50+ |
| | | | 10.45am | Triple Jump (W) | ALL |
| 11.30am | 200m Final (W) | 18-29 / 40-44 | | | |
| 11.35am | 200m Final (W) | 35-39 / 45-49 | | | |
| 11.40am | 200m Final (W) | 55-59 / 60-64 | | | |
| 11.45am | 200m Final (M) | 55-59 / 60-64 / 75-79 / 80+ | 11.45pm | Javelin (W) | ALL |
| 11.50am | 200m Final (M) | 50-54 / 65-69 | | | |
| 11.55am | 200m SF 1 (M) | 45-49 | | | |
| 12.00pm | 200m SF 2 (M) | 45-49 | | | |
| 12.05pm | 200m Final (M) | 40-44 | | | |
| 12.10pm | 200m Final (M) | 30-34 | | | |
| 12.15pm | 200m Final (M) | 18-29 / 35-39 | | | |
| | | | 12.20pm | High Jump (M) | ALL |
| 2.00pm | 800m Final (W) | ALL | | | |
| 2.10pm | 800m Final (M) | 50+ | | | |
| 2.20pm | 800m Final (M) | 18-49 | | | |
| 2.30pm | 3000 Walk (W) | ALL | | | |
| 3.20pm | 200m Final (M) | 45-49 | | | |
| 4.00pm | 4 x 200m Relays | ALL | | | |

APES GAMES 2023 - TRACK AND FIELD - MAY BE SUBJECT TO CHANGE

| | TRACK | THURSDAY 9TH MARCH 2023 | | FIELD | THIRSDAY 9TH MARCH 2023 |
|---------|-------------------|-------------------------------------|---------|---------------|-------------------------|
| Time | Event | Age Group(s) | Time | Event | Age Group(s) |
| 08.00am | 3000 Walk (M) | ALL | 08.00am | Discus (W) | ALL |
| | | | 08.30am | Long Jump (M) | 45-49 |
| 09.00am | 1500m Final (W) | ALL | | | |
| 09.25am | 1500m Final (M) | 50+ | 09.25am | Long Jump (W) | ALL |
| 09.40am | 1500m Final (M) | 18-49 | 09.40am | Discus (M) | 50+ |
| | | | 10.00am | Shot Put (M) | 18-49 |
| 10.45am | 100m Final (W) | 18-29 / 40-44 | | | |
| 10.50am | 100m Final (W) | 35-39 / 45-49 | | | |
| 10.55am | 100m Final (W) | 50-54 / 55-59 / 60-64 | | | |
| 11.00am | 100m Final (M) | 55-59 / 60-64 / 65-69 / 75-79 / 80+ | | | |
| 11.05am | 100m Final (M) | 50-54 | | | |
| 11.10am | 100m Final (M) | 40-44 | | | |
| 11.15am | 100m Final (M) | 18-29 / 35-39 | | | |
| 11.20am | 100m Final (M) | 30-34 | | | |
| 11.25am | 100m SF 1 (M) | 45-49 | 11.25am | Long Jump (M) | 18-44 / 50+ |
| 11.30am | 100m SF 2 (M) | 45-49 | | | |
| | | | 11.40am | Javelin (M) | 45-49 |
| 1.30pm | 400m Final (W) | 18-29 / 35-39 / 60-64 | | | |
| 1.35pm | 400m Final (W) | 40-44 / 45-49 | | | |
| 1.40pm | 400m Final (M) | 45-49 | | | |
| 1.45pm | 400m Final (M) | 55-59 / 65-69 / 70-72 / 80+ | | | |
| 1.50pm | 400m Final (M) | 50-54 / 60-64 | | | |
| 1.55pm | 400m Final (M) | 35-39 / 40-44 | | | |
| 2.00pm | 400m Final (M) | 18-29 / 30-34 | 2.00pm | Shot Put (M) | 50+ |
| | | | 2.05pm | Discus (M) | 18-49 |
| 2.55pm | 100m Final (M) | 45-49 | | | |
| | | | | | |
| 3.30pm | 4 x 100m Relay | ALL | | | |
| 4.00pm | New Zealand Relay | ALL | | | |